



Project Title

Sing to flourish: Singing solo to thrive in difficult times and beyond

Research team contact details

Principal Investigator Details	Co-Investigator Details	Co-Investigator Details
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Description

This project seeks to discover singers' experiences of solo singing to identify singing's replication of and differentiation from other feel-good activities: "What can we learn about singing's wellbeing effects from those who sing solo regularly?"

Participation

Sensemaker Qualitative Survey

We are conducting an online survey using Sensemaker, which is a platform for collecting qualitative data for research projects.

You will be asked to consent to participate on the landing page. If you consent, you will be taken to the first page of the survey. This will ask you to reflect on an experience/s of solo singing.

You will then be asked to reflect on the meaning of the experience you have just recalled by locating your experience within an on-screen visual diagram/s. This is a process of research participants "self-signifying" or analysing their own data. It is a simple process of locating your experience in relation to specific prompts. Instructions will be included on this screen.

Next is the collection of some demographic details (e.g. age, gender identity, singing performance experience if any, other singing experience such as within community music). You will **not** be asked to give your name.

You will be asked if you are interested in participating in a follow-up interview. If so, you will be asked to email the Principal Investigator.

You will then be asked to finalise the survey.

Voluntary participation

Your participation in this project is entirely voluntary. If you do not wish to take part, you are not obliged to. If you decide to take part and later change your mind, you are free to withdraw from the project at any stage.

If you wish to withdraw data collected about yourself, please contact the Principal Investigator (contact details at the top of this form).

Your decision whether you take part, do not take part, or take part and then withdraw, will in no way impact your current or future relationship with either the research team or their affiliated universities.

Expected benefits

It is expected that this project will directly benefit you in that you may gain a deeper personal understanding of solo singing, your role within it, and the meaning it has contributed to your life. It is also anticipated that the knowledge generated may benefit human society by gaining an understanding of the implications of your experiences for singing for wellbeing for the everyday person.

Risks

The following risks have been identified for this project:

- There is a risk of inconvenience to you by participating in this survey because it will take a minimum of 15 minutes to complete.
- There is the potential for negative feelings to arise during your reflections on their experiences of solo singing, if those experiences involved, for example, performance anxiety, ridicule, or negative feedback from others. If distress arises during your survey, you are free to withdraw.
- Sometimes thinking about the sorts of issues raised in the survey can create some uncomfortable or distressing feelings. If you need to talk to someone about this immediately, please contact Beyond Blue on 1 300 22 4636. You may also wish to consider consulting your General Practitioner (GP) for additional support. If participants are not located in Australia, they are advised to find a free local service for support, and the Principal Investigator will assist you in locating a service if required.

Privacy and confidentiality

All survey responses are confidential unless required by law.

The survey data will be stored on Sensemaker servers using password protection. Back-up data will be stored on university servers with password protection.

Your data will not be made available for future or other research projects. We may use excerpts of your data in the reporting of results. While all participants' data will be reported anonymously, depending on the nature of your reflection, you may be re-identifiable by people who know you.

You can contact the research team at any time to obtain copies of the results, publications, or concise summaries of the results.

Any data collected as a part of this project will be stored securely, as per University of Southern Queensland's [Research Data and Primary Materials Management Procedure](#).

Consent to participate

On the first page of the survey, you will be asked to tick a box to indicate that you are consenting to participate in the survey. The text reads "I understand that ticking this box and proceeding to the next page indicates my consent to participate in this study."

Questions

Please refer to the Principal Investigator contact details at the top of the form to have any questions answered or to request further information about this project.

Concerns or complaints

If you have any concerns or complaints about the ethical conduct of the project, you may contact the University of Southern Queensland, Manager of Research Integrity and Ethics on +61 7 4631 1839 or email researchintegrity@usq.edu.au. The Manager of Research Integrity and Ethics is not connected with the research project and can address your concern in an unbiased manner.

Thank you for taking the time to help with this research project. Please keep this document for your information.